

Physical Education

What does Physical Education look like at Oakfield?

At Oakfield, Physical Education is a professionally run subject. With clear progression through the year groups in each sport.

We are lucky enough to have enough equipment that all children can participate continually in each lesson.

Children compete in several sporting events across Dartford and Kent.

Sports coaches work tirelessly to provide high quality teaching of several different sport.

Year 6 students teach younger students different warm up techniques and new and exiting games they have created themselves.

Oakfield provides children with access to a wide range of sports for people with disabilities. They have many opportunities to experience sports such as; blind football, boccia and seated volleyball.



What extra-curricular activities does Oakfield provide?

- Football
- Badminton
- Athletics
- Boxing
- Hockey
- Netball
- Handball
- Dodgeball
- Tennis
- Dance
- Gymnastics

PE Facilities at Oakfield

Multi-use game area which allows children all weather access to sports such as football and basketball.

Adventure playground allowing children the ability to learn motor skills in a stimulating environment.

Local park Oakfield have full access to Dartford park that we use regularly for sports days.

Dartford Harriers affiliation allows full use of athletics areas and allows for a professional environment.

Dartford FC affiliation allows for free use to a variety of football and golf facilities.

Swimming Farefield provides swimming facilities and lessons for children to learn and excel in swimming.

Two playgrounds with painted surfaces for different sports and motor skills activities.

Outside gym equipment variety of different gym apparatus encouraging exercises for different muscles.

Boxing sensors allowing children to test reaction times and log and improve their score.